

# EVOLVE

DENTISTRY

## All about COSMETIC DENTISTRY

Evolve Dentistry is a dental practice for the 21st century using the latest techniques and state of the art equipment. We understand that our patients want superb dental care but also want to be treated as an individual. We believe that Evolve offers a dental experience like no other and we want you to enjoy your visits to us.

We offer easy convenient parking in the shopper's car park next to Waitrose in Portishead with easy ground floor access.



**Dr Carol Somerville Roberts**  
*BDS MFDS RCS(Ed) LFHom*

Carol Somerville Roberts has a keen interest in cosmetic dentistry and full member of the British Academy of Cosmetic Dentists for the past 2 years. She is continually developing her skills and considers excellence the only standard.



## Frequently asked questions about COSMETIC DENTISTRY:

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### *What is cosmetic dentistry?*

Cosmetic dentistry is providing for the patient a beautiful, natural smile. This can be done using white fillings, veneers, crowns, tooth whitening or simply re-shaping the teeth slightly.

### *What are white fillings?*

These are fillings that are used instead of silver fillings. They can be either done directly in the mouth using a composite material, or made in a laboratory using porcelain in the form of an inlay. They look like your natural tooth and do not contain any mercury.

### *What are veneers?*

Veneers are very thin shells of porcelain that are stuck to the front of your teeth to create a fantastic smile. It is usual to have to remove between 0.3-0.5mm of tooth material to do this. Veneers are used to improve the colour of teeth, the shape of teeth and sometimes the position of teeth, though we always recommend orthodontics to re-position teeth whenever possible.

### *What are crowns?*

A crown covers the whole tooth to improve it's appearance and function. It is necessary to remove tooth material from the whole tooth to ensure that the crown feels comfortable in your mouth. The type of crown used depends on why it's being placed and where it's being placed.

### *What is tooth whitening?*

Tooth whitening can be carried when the shape and position of the teeth are good but the overall colour needs to be improved. This can be done in-surgery or at home. See our leaflet on tooth whitening for full details.

### *What is re-shaping?*

If there is a small chip or irregularity at the edge of the tooth, sometimes the appearance can be improved by careful sanding of the tooth to give a more regular shape. This is simply done and usually carried out without the need to be made numb.

*Evolve dentistry is a totally mercury-free practice. To discuss how Evolve Dentistry can create the smile of your dreams, book a consultation today.*