

EVOLVE

DENTISTRY

All about TOOTH WHITENING

Evolve Dentistry is a dental practice for the 21st century using the latest techniques and state of the art equipment. We understand that our patients want superb dental care, but also want to be treated as an individual. We believe that Evolve offers a dental experience like no other, and we want you to enjoy your visits to us.

We offer easy convenient parking in the shopper's car park next to Waitrose in Portishead, and easy ground floor access.

Carol Somerville Roberts has been carrying out tooth whitening for many years, creating beautiful, whiter, fresher smiles.



Before



After

Frequently asked questions about tooth whitening:

How can I whiten my teeth?

Tooth whitening should always be carried out on prescription of a dentist. We offer two methods of tooth whitening:

In-surgery whitening using Zoom Advanced Power. This takes up to 2 hours, during this time you can watch a DVD and relax. We protect all the soft tissues and apply a gel to your teeth. A light speeds up the activation of the gel. After 15 minutes we take off the gel and reapply some fresh gel. We aim to do this 4 times during the treatment. At the end of treatment we give you bespoke trays and gel and explain how to use them at home.

Home Whitening is carried out by you at home, over a 2 week period, using gel in the bespoke home trays that we make for you. We make your trays for you while you wait, it takes about 30 minutes. We will explain how to use your trays and gel.

Which system should I chose?

Both methods work very well, it just depends on which one suits you and your lifestyle.

How long does it last?

All whitening systems need long term maintenance to keep your teeth white. This is done using home trays and gel every 3-4 months for a few nights at a time. The number of times that you need to top-up is dependent on lifestyle.

Does it always work?

Only natural tooth material will whiten so fillings, dentures, crowns and bridges do not change colour. If you are considering any new crowns, veneers or bridges we recommend you whiten your teeth first. 98% of people will have whiter teeth at the end of treatment.

Can anyone have their teeth whitened?

We do not recommend whitening for people under the age of 16, pregnant or breastfeeding women.

How much does it cost?

Zoom whitening including home trays, 1 year of top up gel costing £495, home whitening costing £300 and top up gel costing £45 for 3 tubes.

If you have any other questions or would like to book a consultation, please contact the practice, we are here to help.